

FAITH **UNDER** **CONSTRUCTION**

STUDY GUIDE WITH
DISCUSSION QUESTIONS

Beyond the Verse: How to Study the Bible & Actually Apply It

Join Rasool Berry and Christin Thorpe as they speak with Kaydene Grant, known as “Bible Tea” on social media, about how to understand the Bible and actually apply it to our lives.

1. Kaydene shares her story of how she witnesses to people through her social media platform, which she calls a “church without walls.” If church was never a building, how would people encounter Jesus through your life? Take a moment to think about someone in your life that needs that right now?
2. Kaydene shares the SIP TEA method she created for comprehending Bible passages.
S stands for Scripture (write the Scripture down);
I stands for Information (what information can you find about what is happening—the who, the what, the when, the where, and the context of the Scripture);
P stands for Prayer (pray for understanding as you read).
T stands for Thoughts (start writing down the thoughts of what the Holy Spirit is revealing to you);
E stands for Emotions (what emotions come up as you read);
A stands for Application (how can you apply what you are reading to your life).

When you open your Bible, what helps you actually connect?
What makes reading the Bible hard?

3. Have you ever read a single verse and later realized you misunderstood it because you didn’t read the full passage or context? What can go wrong when we try to apply Scripture without fully understanding it?
4. “It’s a living Word, but it’s a living God too, and the same way He was working through them back then, He can still work through us today.” –Thorpe. Where do you see your own life reflected in Scripture, whether in a story, struggle, or situation? How does that shape the way you understand what God might be doing in your life now?
5. “The people of God don’t read their Bibles, so they are just quoting another word that they heard.” –Mali Music (gospel artist and record producer). When it comes to your understanding of the Bible, would you say it mostly comes from your own study, from what you’ve heard from others, or a mix? What would help you grow in knowing Scripture for yourself?
6. Read Judges 6:11–16. What does this passage show about how God sees Gideon versus how Gideon sees himself? What does this teach us about how God works through people who feel weak or unqualified? Where, if anywhere, do you struggle to believe that God could use you, and how does this passage challenge that?

7. “We are trying to put ourselves above things . . . our careers, everything else. We’re trying to sit on the throne instead of having Jesus as the head of our life.” –Kaydene. Where are you most tempted to stay in control instead of trusting God? What would surrender actually look like in that area?
8. Thorpe shares that consistent engagement with Scripture can reduce anxiety and loneliness. How does that connect to your own experience? Have you noticed a difference when you’re in the Word consistently versus when you’re not? What would it realistically take for you to engage Scripture 3 to 4 times this week? Is there anything you might need to adjust or remove to make space for that?
9. On a scale of 1 to 10 (1 being the lowest) how confident are you in approaching and engaging Scripture? What would help move you one step higher this week?
10. As a group, choose your favorite Bible passage or a passage that you have questions about, and practice using Kaydene’s SIP TEA method.

Closing Prayer:

Lord,

Thank You for meeting us in Your Word. Thank You that You still speak, still guide, and still transform us.

Help us not just to hear Your Word, but to know it, live it, and trust You through it. Give us discipline to make time, clarity to understand, and hearts that are open to You.

Show us what needs to shift so we can put You first.
And give us the grace to take even one step toward You this week.

In Jesus’ name,
Amen.